**Aliyah Shadeed:**

It’s a glorious day isn’t it **(Check in)**? Yes, it is glorious **(Answer you own question).** You know, I remember a time when I would say it’s a nice day, the sky is blue day **(Recall the past)** but I wish it was even bluer **(Chastise self)**. The temperature’s right **(Admit)** but I wish it were more to my liking **(Whine).** Does that sound familiar **(Get them to admit)**? I worked hard **(open up)**, I was blessed with good things **(admit).** I had a house full **(share)**. A house full of things **(recall excess)**, just things **(realize unnecessary abundance).** But for all I had, I still wanted more **(share desire)**. So **(broach)**, I bought a bigger house and I filled that house with things **(get them to see the absurdity)**. But I stayed empty **(admit the truth)**. I was empty **(state fact)**. And I put that emptiness on my family **(share guilt)**. If you can’t even understand the value of things, then how can you understand the value of people (**challenge)**? I couldn’t help myself **(reveal)**, I was a slave to wanting **(share hard truth).** I mean, that’s the truth **(brutally honest)**. Debt is slavery **(expose),** credit is slavery **(make then understand).** That’s their way **(put focus on whites)**, to be greedy and selfish **(make crystal)**. That’s how they live **(more example).** That’s what they teach their children **(disapprove).** Buy this, buy that. Have this, have that **(Drive home point).** But when you live like that **(share pain),** when you live like they live **(get specific).** That’s when you can feel it in your heart **(remember the pain),** you can feel your heart closing down on you **(share devastation).** But, when I learned to start doing for others **(shift**), I dedicated myself to uplifting us **(share new found purpose**). When I gave myself to our true God, our one true god Allah **(Pure joy)**, that’s when I finally found my freedom **(express bliss)**. The sky was truly blue the temperature was right **(filled with gratitude)**. I’m grateful for my freedom **(blessed**). And I want freedom for all of us **(share deepest hope**).